

8

Clear Light: Super Integral: Newly Emerging (Very Rare)

Healthy Expression: Structural unity with spirit and all reality; is fully aware of radiant subtle energies; enlightened, awakened, self-realized, one with spirit, and the universe.
Capacities: Awareness of awareness; stabilized non-dual unity consciousness; transcends and includes entire cosmos. supermind. Your highest, widest, and deepest potential.

Third Teir - Super Self

7

Turquoise: Integral: Newly Emerging Stage of Development

Healthy Expression: Sees holistic interconnections everywhere; everything is part of everything else; thinks in terms of holons (wholes that are parts of larger wholes).
Capacities: Comfort with paradox, holistic thinking, inclusion of competing perspectives, values human dignity, self-responsibility, integrates and can take multiple perspectives.

Second Teir - The Monumental Leap

6

Green: Pluralistic - Begins in Adulthood

Healthy Expression: Sees each situation has many perspectives; can take 4th-person. perspective; sees that meaning is context-bound; sees relationship nature of all events
Capacities: Community orientation, sharing, considering all perspectives, ability to see many truths in a situation, inclusivity.

5

Orange Orange: Rational - Begins in Adolescence

Healthy Expression: Capacity for introspection; 3rd-person perspective; scientific thinking
Capacities: Ability to "step back" and review oneself and world objectively, self expression self discovery, autonomy, independence, introspection, self awareness, productivity, achievement, rationality, progress.

4

Amber Amber: Rule / Role Mind - Begins at around Age 7

Healthy Expression: Can take the role of other (a 2nd-person perspective); can understand and follow rules; identifies with a group; feels ethnocentric love and care.
Capacities: Sacrifice of one's own desires for the needs of the group, order, stability, caring for the group, belonging, conviction, behavior that is acceptable to the group.

3

Red: Intentionality / Healthy Power - Begins at around Age 4

Healthy Expression: Normal power drive and self-empowerment; healthy self-promoting; opportunity-seeking; intentionality; safe boundaries; conceptual thinking.
Capacities: Concern and protection of one's own self and security, service of one's own needs or interests, self protection, self-interested power.

2

Magenta: Emotional / Sexual: Begins at around Age 2

Healthy Expression: Beginning emotional feeling-capacity, appropriate impulsiveness, in touch with feelings, healthy sex drive; healthy fantasy life.
Capacities: Instinctual emotions; emergence of sexuality, lust, & jealousy, ability to sense mystery and magic.

1

Infrared - Physiological / Sensorymotor - Begins at Birth

Healthy Expression: Physical groundedness, physical strength, physiological needs
Capacities: Sensory motor intelligence (coordination, dexterity), ability to experience the world through the five senses, capacity to experience rudimentary and primitive emotions such as anger and fear (healthy fight or flight response).